



We are a group of people helping those in need in Burma. Our activities began in 2007. We are open to helping wherever urgent assistance is needed. A primary focus has become supporting nuns and monastic schools run by nuns. Thanks to generous donations, we are able to provide this valuable support to the Burmese people.

Nunneries & Monastic Schools, Education, Food, Accommodation, Clean Water



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For **donations**: Metta In Action (MIA), Bahnhofplatz 8, 8400 Winterthur, Switzerland

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May all beings be happy and well!